

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizil Knoester

Has successfully participated & completed the

8km Prison Break Night Run & Walk

held at Leeuwkop Golf Club.

TIME 00:53:33

PACE 06:40/km

OVERALL 93 of 136

GENDER 33 of 60

OPEN 22 of 39

20 February 2019, Wed

Date



BoutTime

Signature

